

SHADING TIPS

- 1) Use adequate lighting - 150 foot candles of light at 5000K and 90+ CRI
- 2) If bleaching, allow adequate time for color to stabilize
- 3) Remove any lipstick
- 4) Use neutral color grey or blue bib
- 5) Stand directly in front of the patient to take shade
- 6) Turn off overhead mobile light
- 7) Take the shade prior to anesthetic
- 8) Keep teeth hydrated while shading
- 9) First impressions of tooth color are usually the best
- 10) Check color in 5 second intervals to avoid tiring the cones in your eyes
- 11) Remember, value is the most important component of a successful shade match
- 12) Be sure to note differences in tooth from guide on the Rx